



Oral Hygiene Knowledge Test Answers

1. In general, research confirms that poor oral health conditions can have an affect on an individual's general health and quality of life.
 - a. True
 - b. False

2. Tooth decay and gum disease are preventable oral diseases.
 - a. True
 - b. False

3. Of the following, which factor(s) contribute to a Resident's risk for oral disease?
 - a. Cognitive impairment
 - b. Dependency on others for their care
 - c. Xerostomia (dry mouth)
 - d. High carbohydrate diet
 - e. (c) and (d)
 - f. (b) and (d)
 - g. All of the above

4. Bacterial plaque and tartar does not form on dentures since they are made of acrylic.
 - a. True
 - b. False

5. Of the following, which is NOT a way to manage xerostomia (dry mouth)?
 - a. Chewing a sugar-free gum
 - b. Prescription for pilocarpine drops
 - c. Use of lemon and glycerine swabs
 - d. Topical spray of water on tongue and oral tissue

6. It has been found that Residents with dementia have:
 - a. Decline in saliva flow
 - b. Greater accumulation of plaque on teeth and dentures
 - c. Increased responsive behaviours during oral care
 - d. Higher levels of tooth decay, missing teeth and gum disease
 - e. (a) and (c)
 - f. (b) and (c)
 - g. All of the above

7. Soaking dentures overnight in water with a denture tablet added is an ideal way to ensure dentures are clean.
- True
 - False
8. How often should denture cups scrubbed to prevent bacterial or fungal growth?
- Daily
 - Weekly
 - Monthly
 - Every 3 months
9. Oral pain can lead to behaviour problems in cognitively impaired Residents.
- True
 - False
10. What percentage of LTC Residents require assistance with oral care?
- 25%
 - 50%
 - 75%
 - 95%
11. The majority of toothpastes have a strong taste which does not appeal to Residents with Alzheimer's Disease.
- True
 - False
12. Toothbrushes used to provide oral care for Residents should have:
- a narrow handle and a small head
 - a narrow handle and a large head
 - a thick handle and a small head
 - a thick handle and a large head

