

### Does depression present the same for all ages?

Typical Symptom	Older People	Younger People
<b>Anxiety</b>	√	
↓ Appetite	√	√
<b>Constipation</b>	√	
Fatigue	√	√
Irritability	√	
Loss of Libido	√	√
<b>Pain</b>	√	
Poor Concentration	√	√
Poor Memory	√	
Restlessness	√	
Change in Sleep	√	√

Cognitive problems can mask depression and be misdiagnosed as dementia or delirium, resulting in mistreatment.

Outcome for severe depression can result in

\* Highlighted items not typical in younger people

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### INDICATORS OF LATE LIFE DEPRESSION

SIGECAPS: must exhibit depressed mood with at least 4 other symptoms, most of the time, most days, for at least 2 weeks.

<b>S</b>	Sleep (insomnia, hypersomnia)
<b>I</b>	Interest (diminished)
<b>G</b>	Guilt (feelings of burden)
<b>E</b>	Energy (↑ fatigue)
<b>C</b>	Concentration (problem focusing)
<b>A</b>	Appetite (↑ or ↓ appetite/weight)
<b>P</b>	Psychomotor (retardation/agitation)
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